SHINODA ARRIVAL
From over SKE VOR/DME (SK NDB), via SKE R-065 to SKE 10DME, (066DEG from SK NDB until intercepting OWE R-152), turn left to intercept and proceed via OWE R-143 (140DEG from RK NDB) to IKOMA.
Cross SKE VOR/DME (SK NDB) at or above 4,000 FT, cross IKOMA at or above 3,500 FT.

YAMAT ARRIVAL
From over YAMAT, via OWE R-143 to IKOMA.
Cross YAMAT at or above 6,000 FT, cross IKOMA at or above 3,500 FT.

TENRI ARRIVAL
From over TENRI, via SIE R-097 to intercept and proceed via SIE 7DME clockwise ARC to intercept and proceed via OWE R-143 (140DEG from RK NDB), to IKOMA.
Cross TENRI at or above 4,000 FT, cross IKOMA at or above 3,500 FT.