



STANDARD ROUTES – INSTRUMENT**STOCKHOLM/ARLANDA
RWY 08****ARRIVAL (STAR)****REMARK**

- Note 1. *Clearance limit is normally the IAF.*
- Note 2. *Aircraft to STOCKHOLM/Arlanda shall not be operated at an airspeed of more than 250 kt IAS below FL100 unless otherwise instructed.*
- Note 3. *From IAF aircraft will be radar vectored to final approach.*
- Note 4. *When established on LOC final approach track, maintain 160 kt IAS or more until passing ARL DME 3, unless otherwise instructed. If unable, inform ATC immediately.*
- Note 5. *In case of radio communication failure, see AD 2.22 para 3.*

ELTOK SIX SIERRA ARRIVAL (ELTOK 6 S)

Cross ELTOK FL 110 or below. Intercept ERK QDM 079° and proceed to ARL R-293. Turn right to intercept ARL R-295 and proceed to BALVI (IAF).

HAMMAR FOUR SIERRA ARRIVAL (HMR 4 S)

Cross HMR FL 190 or below. Intercept HMR R-177. At HMR DME 32, turn right to intercept TEB R-013 and proceed to TEB (IAF).

NILUG ONE SIERRA ARRIVAL (NILUG 1 S)

Cross NILUG FL 190 or below. Intercept NTL R-201 and proceed to NTL DME 44. Turn left to intercept TEB R-178 and proceed to TEB (IAF).

XILAN THREE SIERRA ARRIVAL (XILAN 3 S)

Cross XILAN FL 190 or below. Intercept TEB R-069 and proceed to TEB (IAF).

BALVI = 594445.0N 0173525.0E ARL R-295 DME 11.3
ELTOK = 594928.0N 0165923.7E INT BTN ARL R-286 DME 29.9, ARS R-032
XILAN = 593933.5N 0190433.8E INT BTN TEB R-070 DME 27.7, MAR R-217 DME 38.5
NILUG = 584857N 0175305E INT BTN TEB R-188 DME 44.2