



① MON-FRI before 0800 (0700) and after 1600 (1500), SAT, SUN, and HOL.
 ② MON-FRI 0800-1600 (0700-1500), EXCL HOL: lower limit for non-motorised hanggliders and paraglider.
 ③ MON-FRI 0800-1600 (0700-1500). EXCL HOL: lower limit 1200 ft AMSL.

APP	123.975	Beek Approach
TWR	119.475	Beek Tower
	119.700	
	121.825	Beek Delivery
FIC	124.300	Amsterdam Information
	126.900	Brussels INFO
FIC (MIL)	132.350	Dutch MIL INFO
ATIS	124.575	Maastricht Information