



STANDARD ROUTES – INSTRUMENT**STOCKHOLM/ARLANDA
RWY 01L/01R****ARRIVAL (STAR)****REMARK**

- Note 1. *STARs to RWY 01L and RWY 01R are identical. Which RWY to be used will be assigned by ATC in the inbound clearance.*
- Note 2. *Clearance limit is normally the IAF.*
- Note 3. *Aircraft to STOCKHOLM/Arlanda shall not be operated at an airspeed of more than 250 kt IAS below FL100 unless otherwise instructed.*
- Note 4. *From IAF aircraft will be radar vectored to final approach.*
- Note 5. *When established on ILS final approach track, maintain 160 kt IAS or more until passing SSA DME 4.0 (RWY 01L) or ASE DME 4.5 (RWY 01R), unless otherwise instructed. If unable, inform ATC immediately.*
- Note 6. *In case of radio communication failure, see AD 2.22 para 3.*

ELTOK SIX MIKE ARRIVAL (ELTOK 6 M)

Cross ELTOK FL 110 or below. Intercept ARL R-286 and proceed to ARL DME 25. Turn right to intercept LNA QDM 156° and proceed to LNA (IAF).

HAMMAR FOUR MIKE ARRIVAL (HMR 4 M)

Cross HMR FL 190 or below. Intercept HMR R-177.
At HMR DME 32, turn right to intercept TEB R-013 and proceed to TEB (IAF).

NILUG ONE MIKE ARRIVAL (NILUG 1 M)

Cross NILUG FL 150 or below. Intercept NTL R-201 and proceed to NTL DME 44. Turn left to intercept TEB R-178 and proceed to TEB (IAF).

XILAN THREE MIKE ARRIVAL (XILAN 3 M)

Cross XILAN FL 150 or below. Intercept TEB R-069 and proceed to TEB (IAF).

ELTOK = 594928.0N 0165923.7E INT BTN ARL R-286 DME 29.9, ARS R-032
XILAN = 593933.5N 0190433.8E INT BTN TEB R-070 DME 27.7, MAR R-217 DME 38.5
NILUG = 584857N 0175305E INT BTN TEB R-188 DME 44.2